

UMDONI PARK TRAILS

RULES	
Opening / Closing	From 06h00 to 17h30. All users must be off the trails by 17h30
Speed	20km/h. Applies to ALL trails and forest roads
	30km/h. On the main road from the Main Gate to the Clubhouse
Beware	Forest trails / roads are in an area where tractors, mowers & service vehicles operate at various
	times of the day every day of the week
No Entry	Do not use NO ENTRY areas / routes. This is for the safety of ALL users
	NO CARS are allowed past the Environmental Centre
Directions	Clockwise ONLY. This is for the safety of ALL users
Markings	Routes are marked with the name of the route & colour coded on a diamond shape on the left-
	hand side of the trail. When routes meet, there will be multiple colour / diamond indicators.
	Ensure you take the correct trail at these splits
Main Trail	All trails lead off and return to the Umdoni Loop, except Meander which ends in the Gorge. When
	entering the Umdoni Loop or crossing routes, please STOP / SLOW to ensure you are not
	endangering yourself or others
Distances	Indicated in km or meters and accurate up to approx. 50m
Times	Minutes recorded are at a casual walking pace and excludes stops
Right of Way	1 st - Animals / 2 nd Walkers / 3 rd Joggers / 4 th Golf Carts / 5 th Cyclists / 6 th Motorists
Health & Safety	REMEMBER FLUIDS. It can get hot & humid and dehydration is a possibility
	IF ALLERGIC to bees, wasps or mozzies remember your allergy medication
	Remember SUNSCREEN & a HAT
General	No fires / No littering / Do not remove or plant flora (plants / trees / shrubs / grasses)
	LEAVE ONLY FOOTPRINTS TAKE ONLY PHOTOGRAPHS
Lost	Stop / Retrace your steps / Return to the last marker / Still lost? DO NOT PANIC!
	CALL: +27 39 975 1320 between 06h40 and 16h40 or +27 73 194 8114 or +27 82 701 3427

Restaurant & Bar open 7 days a week come and have a relaxing meal or drink overlooking the ocean after your forest walk. Cloakrooms available to freshen up at the restaurant. (0399751615 ext 2 to confirm restaurant Hrs hours)

TRAIL DESCRIPTIONS

PARKING: Clubhouse or Environmental Centre

- 1. Umdoni Loop (Yellow): Approx. 6.5km 90 minutes
 - Start & finish at the Clubhouse, on the sea-side of the entrance gate to the Club's carpark, to the right of the Observation Deck. This route will take you the length & breadth of Umdoni Park and showcases a bit of everything: Otter view site, forest pond, forest & grasslands. Walking, running & cycling OK No golf carts
- 2. Gorge (Navy Blue): Approx. 1.8km 90 minutes
 - Very tough. Not for small children or the elderly. When in the Gorge you have a long haul over some narrow and demanding sections, but it rewards the adventurous with a beautiful waterfall (rain dependent) and views. The Crowned Eagle's nest can be found along this route. Do not cross the river when in flood or when the water level is at ankle height. Walking & running OK No golf carts. Cyclists If you are strong and want to carry your cycle for most of the way Go for it!
- 3. Wendy's World (Light Blue): Approx. 2 000m 30 minutes
 Some steep declines but manageable by most. Thick forest and rocky sections with a meandering stream ending in pretty
 - grasslands. Walking running & cycling OK No golf carts

 4. Jeff's Wild Trail (Light Yellow): Approx. 1 000m 30 minutes
- Doable by all ages. In to the heart of the forest, via the forest pond ending on the old road to Lynton Hall lined with trees. Walking, running & cycling OK No golf carts

 5. Meander (Purple): Approx. 800m 15 minutes
 - This route links to the Gorge and is for those that would prefer not to walk the entire Gorge Trail. Do not cross the river when in flood or when the water is at ankle height or higher. Walking & running OK No golf carts
- 6. JoHaDaLuCeCy (Pink): Approx. 350m 10 minutes
 - This route was created in recognition of the 6 employees that have built some and maintains all of the trails. The trail name is made up of the first 2 initials of each of their names **Jo**yce, **Ha**ppiness, **Da**vid, **Lu**cky, **Ce**liwe & **Cy**nthia. This route shortens the Umdoni Loop by approx. 750m and takes you through the heart of the forest. Walking, running & cycling OK No golf carts
- Black Mamba (Light Purple): Approx. 800m 20 minutes
 Doable by all adventurers. This trail has steep declines and inclines entirely through forest. Walking, running & cycling OK No golf carts. Good test for cyclists
- 8. Interactive Trail (Turquoise): 3.2km 70 minutes Parking at Environmental Centre
 Best for families / groups. Over 300 informative signs about the fauna & flora & additional historical information. Starts & ends at
 the Environmental Centre parking area. It takes you via the Otter view site & forest pond. Walking, running & cycling OK Golf
 carts OK, but go VERY SLOW
- Green Mamba (Khaki): Approx. 800m 20 minutes
 Doable by all. This trail has steep declines and inclines entirely through forest. Good test for cyclists easier than the Black Mamba trail. Walking, running & cycling OK No golf carts

Accommodation onsite: B & B - Botha House, Self-catering - Forest Cottage 039 9751227